ORIGINAL GLAZED® DOUGHNUT

Serving Size:	1 Doughnut
Calories	190
Calories from Fat	100
Total Fat (g)	11
Saturated fat (g)	5
***Trans* Fat (g)**	0
Cholesterol (mg)	0
Sodium (mg)	85
Total Carbohydrates (g)	22
Dietary Fiber (g)	less than 1 gram
Sugars (g)	10
Protein (g)	3

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum).

ALLERGENS- CONTAINS:



Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Krispy Kreme DOUGHNUTS

CLASSIC ASSORTED DOZEN

2 OF EACH OF THE FOLLOWING:
ORIGINAL GLAZED®, CHOCOLATE ICED GLAZED, CHOCOLATE ICED GLAZED WITH RAINBOW SPRINKLES, GLAZED RASPBERRY FILLED- NATURALLY AND ARTIFICALLY FLAVORED, CHOCOLATE ICED DOUGHNUT WITH KREME™ FILLING, & STRAWBERRY ICED GLAZED WITH RAINBOW SPRINKLES- NATURALLY AND ARTIFICALLY FLAVORED DOES NOT CONTAIN REAL STRAWBERRIES.

Serving Size:	12 Doughnuts
Calories	3220
Calories from Fat	1470
Total Fat (g)	163
Saturated fat (g)	73
***Trans* Fat (g)**	2.0
Cholesterol (mg)	0
Sodium (mg)	1330
Total Carbohydrates (g)	405
Dietary Fiber (g)	9
Sugars (g)	229
Protein (g)	36

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

ALLERGENS- CONTAINS:



ORIGINAL GLAZED® Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum).

Chocolate Iced Glazed Doughnut with Rainbow Sprinkles (Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum), Icing (Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed with Alkali), Cocoa, Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono and Diglycerides, Salt, Potassium Sorbate (To Maintain Freshness), Citric Acid, Soy Lecithin), Sprinkles (Sugar, Fractionated Palm Kernel Oil, Corn Starch, Glucose Syrup, Soy Lecithin, Red 40, Red 3, Yellow 6, Yellow 5, Blue 1, Gum Arabic, Carnauba Wax),

Chocolate Iced with KREME™ Filling (Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Filling (Sugar, Water, Palm Oil, Soybean Oil, Corn Syrup Solids, Corn Starch, Mono and Diglycerides, Polysorbate 60, Enzyme Modified Soy Protein, Sodium Hexametaphosphate, Soy Lecithin, Natural and Artificial Flavors, Salt, Sodium Caseinate (Milk), Citric Acid, TBHQ), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin),

Glazed Raspberry Filled Doughnut (Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Filling (Water, High Fructose Corn Syrup, Sugar, Modified Food Starch, Raspberry Puree, Adipic Acid, Citric Acid, Sodium Citrate, Sodium Benzoate (To Maintain Freshness), Salt, Locust Bean Gum, Xanthan Gum, Artificial Flavor, Potassium Sorbate (To Maintain Freshness), Red 40, Blue 1), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum),

Chocolate Iced Glazed Doughnut with Rainbow Sprinkles (Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum), Icing (Sugar, Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Cocoa (Processed with Alkali), Cocoa, Vegetable Shortening (Palm Oil, Fully Hydrogenated Cottonseed Oil), Mono and Diglycerides, Salt, Potassium Sorbate (To Maintain Freshness), Citric Acid, Soy Lecithin), Sprinkles (Sugar, Fractionated Palm Kernel Oil, Corn Starch, Glucose Syrup, Soy Lecithin, Red 40, Red 3, Yellow 6, Yellow 5, Blue 1, Gum Arabic, Carnauba Wax),

Strawberry Iced Glazed Doughnut with Rainbow Sprinkles (Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum)), Icing (Sugar, Water, Corn Syrup. Palm Oil, Soybean Oil, Salt, Potassium Sorbate (To Maintain Freshness), Artificial Color, Soy Lecithin, Agar, Natural And Artificial Flavor, Citric Acid, Red 40, Mono And Diglycerides, Locust Bean Gum), Sprinkles (Sugar, Fractionated Palm Kernel Oil, Corn Starch, Glucose Syrup, Soy Lecithin, Red 40, Red 3, Yellow 6, Yellow 5, Blue 1, Gum Arabic, Carnauba Wax)